

# Early Help Offer

## What is early help?

'Early help' describes any service that supports children and families as soon as problems emerge.

Examples of early help services include:

- Parenting support
- Pastoral support or mentoring
- Emotional health and wellbeing support
- School nurse and health information



Many services will provide information and advice to support families. This can be offered in a one-to-one setting or as part of a group. It may also help families find solutions to specific problems.

## Why is early help important?

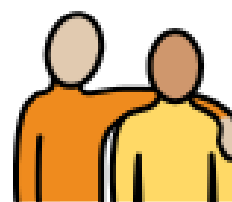
Early help can prevent children from coming to harm. When families face problems, getting the right support, at the right time, is essential. It can be what stops a minor problem becoming a crisis.

Stepping in as soon as problems arise helps provide safe and happy childhoods. It helps keep families together. And it means children and young people are better prepared as they enter adulthood.

Here at Fairway, we are committed to supporting our families. If you require any support, or access to early help services, please call the school office and ask to speak to one of our DSLs or email:

[safeguarding@fwp.greenheartlearning.org](mailto:safeguarding@fwp.greenheartlearning.org)

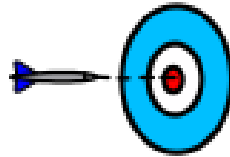
0121 464 3200



Our Early Help offer is broken down into three layers of support: universal, targeted and additional needs support.



Universal



Targeted



Additional  
needs support

Universal Early Help is support available to all children and families, regardless of their level of need.

Purpose: To promote wellbeing, prevent problems from developing, and provide general support that everyone can access.

Targeted Early Help is support for children and families who may need a little extra support for a short period of time.

Purpose: To provide timely support, preventing concerns from getting bigger.

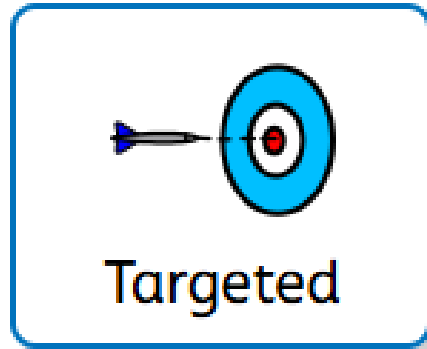
A small number of children and families may need more specialist or intensive support due to higher or more complex needs.

Purpose: To ensure children and families with more complex or ongoing needs get the right help from the right professionals.

As a school we recognise that our universal offer will meet the needs of most of our families but that at times there may be a need for targeted or additional support. Our philosophy is to work with families at the earliest possible opportunity to implement the support required. Details of all that school can offer are shown below and we would always encourage families to seek support and advice at the earliest opportunity so that issues do not escalate.



- Children greeted each morning by member of senior leadership team and class teacher.
- School open for all from 8.45am with time to settle and prepare for teaching and learning.
- A trauma informed approach to supporting children who are struggling.
- Visual timetables reinforcing routines enabling continuity and familiarity.
- Quiet spaces in the school such as the library, nurture room and sensory room
- A broad and balanced curriculum with a curriculum promise for enrichment experiences to enhance learning.
- Before and after school provision in sport, arts and education.
- Adaptive teaching to meet the needs of all pupils.
- A celebration of each child's unique characteristics and their successes.
- Trained Paediatric First Aiders.
- Clear school values and behaviour expectations.
- An open-door policy – access to pastoral/safeguarding support at any time during the week.
- Quality First Teaching – using research informed pedagogy and adaptive practice.
- Access to a hot, nutritious meal each day.
- Preloved clothing and uniform.
- Parent workshops on both learning and personal development.
- Support in self-regulation using Zones of Regulation.
- Attendance support including first day calling for attendance checks.
- Support with developing positive relationships.
- A strong PHSE curriculum to teach personal safety, relationships, online safety and RSE.
- Access to computing equipment and internet to support the curriculum.
- Safeguarding email address: [safeguarding@opa.greenheartlearning.org](mailto:safeguarding@opa.greenheartlearning.org)
- Calm and purposeful, inclusive learning environment reducing cognitive load.
- Access to pre-loved uniform via our Swap Shop.



- Applying for Free School Meals
- Forest School
- Hygiene support – brushing teeth, brushing hair
- Check ins with a trusted adult
- Lego Therapy Intervention
- Emotional Literacy Support Assistant
- Social skills groups
- Home school communication book
- Individual support plans (positive learning tracker)
- Signposting to KOOTH resources
- Beacon 360 School Support
- Wellcomm intervention
- Circle of Friends intervention
- Additional transition support
- Pre and Post tutoring
- Word wasp / Toe by Toe / Hornet
- Plus 1 / Plus 2
- Colourful semantics
- Intimate care plan
- Individual healthcare plan
- Access to assistive technology
- Sensory circuits
- Adapted seating arrangements



- Individual risk assessments
- 1:1 support / mentoring for individuals
- MHST consultants and interventions
- Bereavement support via Birmingham Hospice therapeutic practitioners
- Referral to CAHMS
- Referral to Special Schools Outreach Support
- STICK and Forward Thinking Birmingham referrals
- NHS support referral
- Speech and Language therapist
- Communication and Autism Team support
- Referral to the school nurse for medical challenges
- Referral to the Early Help Team through a Family Connect Referral. (Early Help Assessment) & working with Early Help Workers to support families and children.
- Referral for courses with local partners – eg parenting courses.
- Signposting to Domestic Abuse help – e.g Womens Aid
- Home visits for attendance support
- Support with form filling for benefits/grants etc.
- Support with transport – applying for travel assist
- Targeted attendance support
- Bus Pass applications/referrals
- Household support fund/bed poverty applications/referrals
- TEACCH approach / work stations
- Referral to Educational Psychologist
- Behavioural support from COBS (City of Birmingham School)
- Pupil School Support
- Physical Difficulties Support Team
- Language, learning and strategic support team



**Online parenting course.** Every parent in Birmingham can access a [parenting course](#). Just enter the access code “COMMUNITY” at the top of the page to claim. There are courses for parents, carers and grandparents of children from bump to 19. Learn about how your child develops and get tips to manage their behaviour.



**Financial help.** If you've lost your job or are struggling for food or rent, there are services that can help. [Local welfare provision](#) can make a big difference if you are in a crisis and need food, fuel or basic white goods. [Discretionary Housing Payments](#) may be able to help with rent. And there are [food banks](#) across Birmingham that are here to help.



**Domestic abuse** For women and children affected by domestic abuse please see [guidance](#) or confidentially contact [Birmingham and Solihull Women's Aid](#). For Men, please contact [Respect](#). In addition [Ask for ANI](#) and the [Safe Spaces](#) scheme where victims can access help through pharmacies



**Problems with drugs or alcohol.** A new, discrete app called Staying Free is available on Android or Apple. Use the code “*birmingham11*” for pre-paid access. To speak to someone call [Change Grow Live](#).



**Bereavement support.** It's a terrible time to lose a loved one — you can get help by calling 0121 687 8010 or from [Cruse](#).



**Warm Spaces** – A list of places offering a hot drink, biscuits and chat: [Birmingham Warm Welcome Spaces | Birmingham Warm Welcome Spaces | Birmingham City Council](#)



**Mental health support.** In these difficult times we have to look after our mental health. If your child 0-25 needs support, get in touch with [Pause](#) by calling 0207 841 4470 or [email](#). Adults can get support from [MIND](#) by calling 0121 262 3555. Or for urgent help call [Forward Thinking Birmingham](#) on 0300 300 0099. And remember to stay [active](#)



# HelpinBrum

## Find Help In Brum Are you concerned about the rise in cost of living?

Find some helpful contact details for advice and support.

Birmingham City Council and partners are working to support and offer guidance to our residents during the cost of living crisis in the UK.

We want to support as many of our residents as possible across key areas which are outlined in this leaflet.

### Warm Welcome:

We are working with the local community and a partnership of voluntary and community sector organisations to expand a network of warm spaces. These spaces will be available for people to use and visit during the winter period and beyond.

There are several existing Warm Welcome Spaces within local communities across the city. Warm Welcome Spaces are:

- inclusive and non-judgmental
- heated and free to access

The services at each space will vary but may include:

- information on further support and available guidance
- opportunities to participate in activities and learn new things
- free internet access, computers and charging points
- a friendly environment to connect with others within the community

You can find details of our current Birmingham Warm Welcome Spaces at [www.birmingham.gov.uk/warmwelcome](http://www.birmingham.gov.uk/warmwelcome)

Keeping checking back online as more spaces will be launched weekly.

### Benefits and Money Advice:

During the cost of living crisis, it is also important to ensure you have access to the right benefits and money advice for you. There are several information portals below which can help.

To find out what benefits you are entitled to, it is best to use the Benefits Calculator provided by the Government. Find out more by using this link

[www.gov.uk/check-benefits-financial-support](http://www.gov.uk/check-benefits-financial-support)

Birmingham City Council has also developed several support factsheets which provide useful information on a range of debt related issues. You can view and download Information on [www.birmingham.gov.uk/debtadviceteam](http://www.birmingham.gov.uk/debtadviceteam)

If you are struggling with debt and need advice and support you can also visit [www.birmingham.gov.uk/helpinbrum](http://www.birmingham.gov.uk/helpinbrum) which can help direct you to the right information.

There are also other services who offer free and confidential advice:

- The Project - Benefit, debt and housing advice  
0121 453 0606 | [www.theprojectbirmingham.org](http://www.theprojectbirmingham.org)
- Citizens Advice Birmingham - Advice on benefits, debt, housing and more  
Freephone 0808 278 7990 (Mon – Fri 9.30 am – 4.30pm) | [www.bcabs.org.uk](http://www.bcabs.org.uk)
- Disability Resource Centre - Advice and advocacy services for disabled people  
03030 402 040 | [www.disability.co.uk](http://www.disability.co.uk)

### Energy Efficiency:

As energy costs rise we are committed to reducing energy bills and helping everyone to keep warm as we head into the winter months.

There are several schemes already available for residents, with full information and guidance available at

[www.birmingham.gov.uk/energyhelp](http://www.birmingham.gov.uk/energyhelp)

There has been a significant rise in energy scams linked to the cost of living crisis.

There is some helpful support on the Birmingham City Council website to avoid these scams.

[www.birmingham.gov.uk/energyscam](http://www.birmingham.gov.uk/energyscam)

## Food Support:

The cost of living crisis has made it much more difficult for many people to afford food. If this is something you are experiencing, there are several information points below which can help.

### Foodbanks:

We know that accessing a foodbank or other projects for the first time can be daunting. However, the volunteers do their utmost to make visitors feel welcome.

With one visitor saying *"It was just a small personal touch that made you feel welcome and on the occasions where I was on a tiny budget, it also felt like somebody did care that times were tough."*

To find a foodbank or other food support please visit <https://www.birmingham.gov.uk/foodhelp>

### Healthy Start card

If you are 10 weeks pregnant or more, have a child under four years old, or you or your family get certain benefits, you may be able to qualify for a Healthy Start card.

The card has money on it to be used in shops to buy: plain liquid cow's milk; fresh, frozen, and tinned fruit and vegetables; fresh, dried, and tinned pulses; and infant formula milk based on cow's milk. You can also get free vitamins.

To find out more and way to apply visit [www.birmingham.gov.uk/healthystart](http://www.birmingham.gov.uk/healthystart)

### Free School Meals

You can also check if your child can get free school meals, visit [www.birmingham.gov.uk/school-meals](http://www.birmingham.gov.uk/school-meals) to see if you are eligible. (This will also automatically register you for the Holidays, Activities and Food Programme.)

## More Information Available

Even more information is available on the Birmingham City Council website [www.birmingham.gov.uk/helpinbrum](http://www.birmingham.gov.uk/helpinbrum) which can guide you to various organisations depending on the help you may require. Alternatively, phone 0121 303 9944 and one of our customer service team will be able to help you.

## Other Support Available

There is also a lot of support at a local and national level. Here are some key contacts if you need information or guidance:

### Age UK Birmingham

Information, advice and helpline services for older people (50+), their families and carers  
0121 437 0479 | [www.ageuk.org.uk/birmingham](http://www.ageuk.org.uk/birmingham)

### Birmingham Mind

Providing advice, information and signposting for people affected by mental health issues  
0121 262 3555 | [www.birminghammind.org](http://www.birminghammind.org)

### Moneyhelper

Advice to help improve your finances  
0800 138 7777 | [www.moneyhelper.org.uk](http://www.moneyhelper.org.uk)

### Stop Loan Sharks

Investigates and prosecutes illegal money lenders and provides support for borrowers  
0300 555 2222 | [www.stoploansharks.co.uk](http://www.stoploansharks.co.uk)

### Turn2Us

Information and financial support  
0808 802 2000 | [www.turn2us.org.uk](http://www.turn2us.org.uk)

### Birmingham and Solihull Women's Aid

Support for women and children affected by domestic violence and abuse  
0800 800 0028 | [www.bswaid.org](http://www.bswaid.org)

### Shelter

Housing advice 0808 800 4444 | [www.england.shelter.org.uk](http://www.england.shelter.org.uk)

### The Active Wellbeing Society

Listen and Connect support people to feel heard, connect with others, be active, live well and access information  
0121 728 7030 | [www.theaws.co.uk/listen-connect](http://www.theaws.co.uk/listen-connect)

### The Refugee and Migrant Centre

Advice on immigration, housing & destitution, welfare & health, employment & education, resettlement and citizenship  
0121 374 0140 | [www.rmcentre.org.uk](http://www.rmcentre.org.uk)

### Spitfire Services

Advice on money, benefit, housing and employment issues  
0121 747 5932 | [www.spitfireservices.org.uk](http://www.spitfireservices.org.uk)

Birmingham School Health Support Service

**NHS**  
Birmingham  
Community Healthcare  
NHS Foundation Trust

# SCHOOL NURSE VIRTUAL DROP-IN CLINIC

Every  
Tuesday  
and  
Thursday  
from  
4:30-5:30pm

Your School Nurse is here to help you feel healthy, happy and safe during your school years and to get the best from your education.

**Join the link and talk to a School Nurse.** We provide a confidential and friendly service.

<https://nhs.vc/BCHC/C-F/Schl-Nurse/Drop-In>

 Best Care  
Healthy Communities

 attendanywhere®



04/01/2018 • 150021

**NHS**  
Birmingham  
Community Healthcare  
NHS Foundation Trust

# ChatHealth

Do you know where I can get some health advice?

The School Health Support Service can help students with all kind of things like...

Relationships, mental health, alcohol, bullying, self-harm, smoking, drugs and healthy eating

Text the School Nurse for confidential advice and support on **07480635485**

We do not usually inform your parents, teachers or anyone else if you contact the school nurse. We might inform someone if we were concerned about your safety, but we would usually speak to you first. Your messages are stored and can be seen by other healthcare staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an immediate bounce-back to confirm we received your text. Texts will not be seen outside of normal working hours. If you need help before you hear back from us, contact a member of school staff or your doctor. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some 'number masking' mobile apps). Prevent the school nurse from sending messages to you by texting **STOP** to our number. Please respect your schools mobile phone policy. Messages are charged at your usual rate.



Better Care: Healthier Communities

Designed by Creative Hub. Digital Illustration, Simon Khan, Bristol Hospital  
Email: BCHC\_Graphics@bhamcommunity.nhs.uk • Tel: 02033 • 21.06.2018



# Safeguarding

## at Fairway Primary Academy



Our aim is to provide a safe and secure environment for pupils, staff and visitors. We are committed to safeguarding and promoting the welfare of the young people in our school

### Designated Safeguarding Leads



**Miss Byrne**  
Acting Headteacher  
**Lead DSL**



**Mr Irfan**  
Teacher



**Mrs Sawyers**  
Teacher



**Miss Kehoe**  
Before/After School  
& Lunchtime  
Supervisor

If you have any concerns about a child, **please ensure you report it to a member of the safeguarding team immediately.**

Alternatively, you may wish to contact the Children's Advice & Support Service (CASS) on 0121 303 1888.

## Getting help from the right person at the right time...

