



June 2025

# Safeguarding Newsletter

Dear Parents and Carers,

Welcome to the Summer edition of our safeguarding newsletter for parents and carers. This term's edition focuses on how to keep your child safe online.

It is important to have regular conversations about staying safe online and to encourage children to speak to you if they come across something worrying online.

Talk to your child about the importance of creating a safe online environment, including keeping any log-in details and passwords safe.

These resources will support you to talk to your child about a range of online safety issues, set up home filtering in a child-friendly way and set up age-appropriate parental controls on digital devices:

- [Thinkuknow](#) by the National Crime Agency - Child Exploitation and Online Protection command (NCA-CEOP) - resources for parents and carers and children of all ages to help keep children safe online
- [Childnet](#) has developed [guidance for parents and carers](#) to begin a conversation about online safety, as well as [guidance on keeping under-fives safe online](#)
- [Parent Info](#) is a collaboration between Parent Zone and NCA-CEOP - support and guidance for parents and carers related to the digital world from leading experts and organisations
- National Society for the Prevention of Cruelty to Children (NSPCC) - [guidance for parents and carers](#) to help keep children safe online
- [UK Safer Internet Centre](#) - tips and advice for parents and carers to keep children safe online - you can also [report any harmful content found online through the UK Safer Internet Centre](#)
- [Inclusive Digital Safety Hub](#) and [Online Safety Hub](#), created by South West Grid for Learning in partnership with Internet Matters - support and tailored advice for young people with additional learning needs and their parents or carers
- [Parents' Guide to Age Ratings](#) explains how the British Board of Film Classification rates content, and gives parents advice on choosing online content well
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- The Children's Commissioner has published [advice for parents on talking to your child about online sexual harassment](#) specifically, based on input from children themselves

Keeping  
children safe  
is everyone's  
responsibility



### Apps to help children stay safe online

The BBC has a website and app called Own It. The website helps children navigate their online lives, and the free smartphone app comes with a special keyboard which can intervene with help and support in the moments that children need it the most. It can be downloaded for free in the Google Play Store and Apple App Store.

SafeToNet is an app for parents to help them protect their children from online risks like cyberbullying and sexting, while respecting their child's rights to privacy. The SafeToNet Foundation is providing UK families with free-for-life access to SafeToNet during the coronavirus (COVID-19) outbreak.

### Mental health

If you are worried about your child's mental health, the NHS has published guidance on mental health and wellbeing.

If you are worried that someone you know is suicidal, including your child, Samaritans provides advice on how you can support others.

### Support for children

If your child is worried or needs support, they can get advice and support from Childline (0800 1111) or download the 'For Me' app.



### Age-inappropriate content and parental controls

Remember to review and adjust privacy and safety settings if you or your child is signing up to a new online service, app or piece of technology.

- Internet Matters has step-by-step guides on how to set up parental controls so that you can control what content your child can access online
- the UK Safer Internet Centre has guidance on how to switch on family-friendly filters to prevent age-inappropriate content being accessed on devices in your home
- the NSPCC has more information for parents or carers with concerns about their child seeking inappropriate or explicit content online

### Radicalising content

If you are concerned that any family member, friend or loved one is being radicalised, you can call the police or 101 to get advice or make a Prevent referral, so that they can get safeguarding support.

Support is tailored to the individual and works in a similar way to safeguarding processes designed to protect people from gangs, drug abuse, and physical and sexual exploitation.

Receiving support through Prevent is voluntary, confidential and not a form of criminal sanction. If you need more help, you can also contact your local authority safeguarding team.

- Educate Against Hate Parents' Hub - resources and government advice for parents and carers on keeping young people safe from extremism, including online
- Let's Talk About It - support for parents and carers to keep children safe from online radicalisation
- any member of the public can report terrorist content they find online through the GOV.UK referral tool - more information about what to report and what happens when you do can be found on the Action Counters Terrorism campaign

## Who to contact if you have a concern about a child.

If you are worried about a child's safety, please do not hesitate to contact any of the Designated Safeguarding leads:



Mrs Carrier



Miss Byrne



Mrs Sawyers



Mrs Addis



Miss Kehoe



Mr Irfan

They can be contacted via the school office, or by telephone on 0121 464 3200.

For a copy of our school's Child Protection and Safeguarding Policy, please visit the policies page on our school website- you will find this under the governance section.

**If a child is in immediate danger, call the Police on 999.**

## What harms might my child experience online?

You may have concerns about specific harms which children can experience online. There are more resources to help you understand and protect your child from these, including:

- [child sexual abuse - a definition](#)
- [child criminal exploitation - a definition](#)
- exposure to radicalising content
- consensual and non-consensual [sharing of nude and semi-nude images and/or videos](#) (also known as sexting or youth produced sexual imagery)
- cyberbullying
- exposure to age-inappropriate content, such as pornography
- exposure to harmful content, such as suicide content

## PSHE Curriculum

To support our Personal, Social and Health Education curriculum, our school follows the Jigsaw scheme of work. Each week the children participate in a range of activities linked to that term's 'jigsaw' piece:

### Summer 1—Relationships

This puzzle focuses on healthy relationships, communication skills, and personal boundaries. It teaches children how to form respectful relationships with peers and adults and how to recognize and maintain boundaries in various contexts, including friendships, family, and online.

### Summer 2- Changing Me

This puzzle focuses on healthy relationships, communication skills, and personal boundaries. It teaches children how to form respectful relationships with peers and adults and how to recognize and maintain boundaries in various contexts, including friendships, family, and online.