



March 2025

Safeguarding Newsletter

Dear Parents and Carers,

Welcome to the Spring edition of our safeguarding newsletter for parents and carers.

We would like to remind you all that at Fairway Primary Academy, safeguarding and promoting the welfare of children is everyone's responsibility and our top priority. Everyone who comes in to contact with the children and families who comprise our community has a role to play.

Mental Health and Wellbeing

As parents and carers, you play an important role in your child's mental health. You can find plenty of resources and useful information about mental health for children here:

www.parentingsmart.place2be.org.uk



We are proud to be a part of the myHappyMind Family! As a whole school program grounded in science and dedicated to building positive mental wellbeing, myHappyMind helps children understand how their brains work and creates a culture that helps to build children's resilience, confidence, and self-esteem.

myHappyMind also teaches the children how to self-regulate and manage their emotions in stressful times, allowing them to be their very best selves!

Learn more here: www.myhappymind.org

Online Safety



Parentzone have some excellent resources to support parents/carers in keeping their children safe online. You can access the parent zone library via the following link:

<https://parentzone.org.uk/library>

If you type in the name of an app or game you can find out information about this.

Who to contact if you have a concern about a child.

If you are worried about a child's safety, please do not hesitate to contact any of the Designated Safeguarding leads:



Mrs Carrier



Miss Byrne



Mrs Sawyers



Mrs Addis



Miss Kehoe



Mr Irfan

They can be contacted via the school office, or by telephone on 0121 464 3200.

For a copy of our school's Child Protection and Safeguarding Policy, please visit the policies page on our school website- you will find this under the governance section.

If a child is in immediate danger, call the Police on 999.

What pastoral support do we have in school?

Cornerstone Family Support

Lisa Sinclair is our school family support worker. Lisa works directly with pupils and alongside parents in addressing pastoral concerns impacting upon a child's learning and development. If you feel that you and your child would benefit from this service, please speak to a DSL who can complete a referral form with your consent.

ELSA

We also have staff who are trained in ELSA - Emotional Literacy. This bespoke package can help children on a 1:1 basis if they need a bit of support, a listening ear, reassurance or some kind words. Speak to your child's class teacher for more information.



PSHE Curriculum

To support our Personal, Social and Health Education curriculum, our school follows the Jigsaw scheme of work. Each week the children participate in a range of activities linked to that term's 'jigsaw' piece:

Spring 1—Dreams and Goals

This unit aims to help children think about their hopes and dreams, their goals for success, what their personal strengths are, and how to overcome challenges. Children learn about experiencing and managing feelings of pride, ambition, disappointment, success; and they get to share their aspirations, the dreams and goals of others in different cultures/countries, and their dreams for their community and the world.

Spring 2- Healthy Me

This Jigsaw piece covers two main areas of health: Emotional/mental health (relaxation, being safe, friendships, mental health skills, body image, relationships with food, managing stress) and physical health (eating a balanced diet, physical activity, rest and relaxation, keeping clean, drugs and alcohol, being safe, first aid). Most of the statutory content for Health Education (DfE) is contained within this Puzzle. All lessons are delivered in an age- and stage-appropriate way so that they meet children's needs.